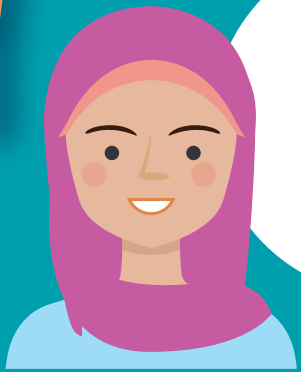


How to make decisions about your future career



Gyrfa Cymru
Careers Wales

1



The decision I need to make is ...

Identify the decision you need to make

2

Find out all the **options** you have to choose from

- Research online at **careerswales.gov.wales**
- Talk to your careers adviser and teachers to find out more



3

Use **good decision-making techniques** to help you choose

- ✓ List the pros and cons
- ✓ Talk to your family about your ideas
- ✓ Research the options
- ✓ Choose things that you are good at
- ✓ Choose things you enjoy
- ✓ Discuss your ideas with a careers adviser or teacher
- ✓ Imagine your future self now and in five years time



Avoid these **decision-making techniques**

- ✗ Don't choose things just because all of your friends are doing them
- ✗ Don't ask other people to make decisions for you
- ✗ Don't flip a coin to decide
- ✗ Don't rush into a decision
- ✗ Don't decide from fear
- ✗ Don't flip a coin

4



Make a **back-up plan** just in case

5

Act on your decisions



Make a choice that will help you achieve your **career goals!**

Your career adviser is

Phone

Email



0800 028 4844



Webchat



post@careerswales.gov.wales



careerswales.gov.wales

Find us on social media

