

BISHOP VAUGHAN BUREAU



BISHOP VAUGHAN CATHOLIC SCHOOL STUDENT NEWSPAPER

The Ways of the World

The world is constantly changing and evolving, and with that comes a new need for understanding. If you're looking to enlighten yourself, some of these student picks might interest you:



Extinction: The Facts
Find this on: BBC iPlayer

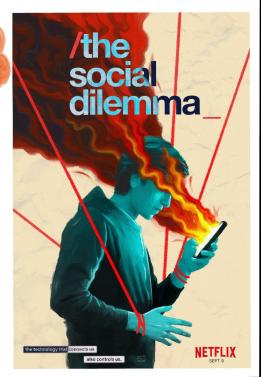
In the words of the BBC, Extinction: The Facts explores how the crisis of biodiversity has consequences for us all, including putting us at greater risk of pandemic diseases. David Attenborough brilliantly explains the increasing problem of extinction in our world and provides insight into the harmful effects of our actions and the need for swift change.

'The way we choose to see the world creates the world we see.

The Social Dilemma Find this on: Netflix

The Social Dilemma is an American docudrama film whereby tech experts reveal and explain the detrimental impact of the very social media platforms they helped to create. This docudrama is an eye-opener for any one who uses or is interested in social media and how it has grown to shape the modern world. Experts explain how the impact of social media on young minds in particular and the extent to which our lives revolve around it could not have been predicted and only raises the question of how much further technology can and will progress.

PG. 1



BVS News

The Gold Crest Award - Maya Ingham



Year 13 Sixth Form student Maya Ingham at Bishop Vaughan School has achieved a Gold Crest Award for her work on the Bloodhound Supersonic Car project.

Maya completed a Nuffield Research Placement with the Bloodhound SSC project this summer, working virtually with the team throughout the Covid-19 lockdown, contributing to research and data analysis and working to break the landspeed record with the Bloodhound car.

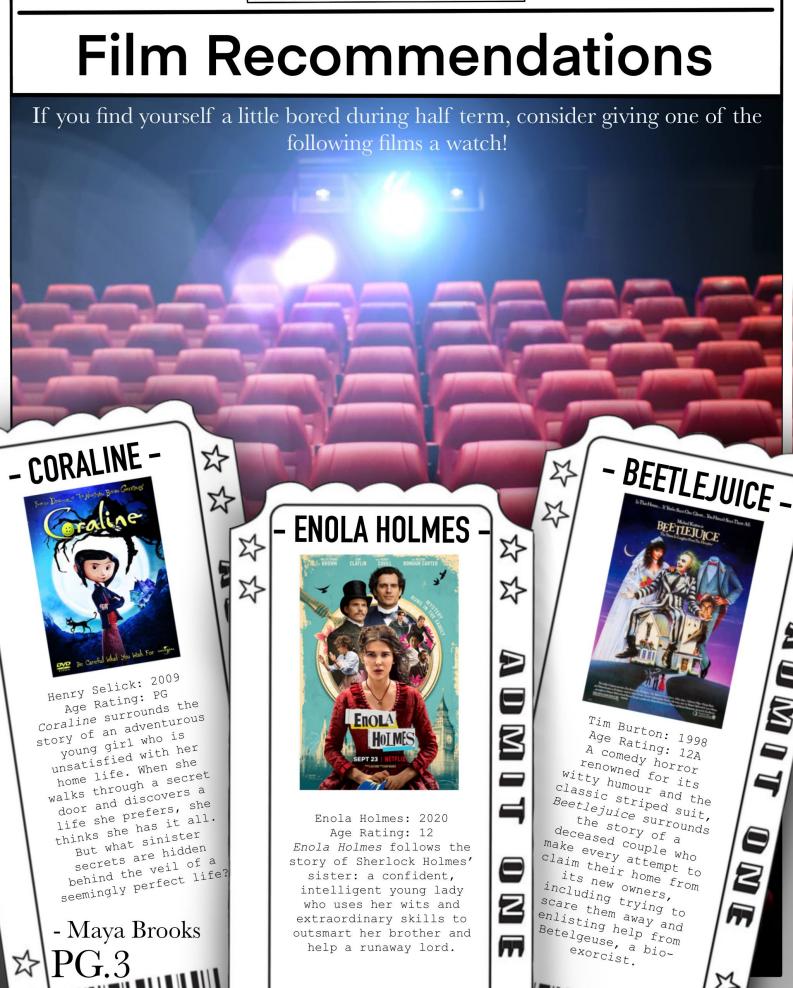
Maya's work was submitted for a CREST Award - this scheme is run by the British Science Association and recognises student-led research projects. Her work was awarded Gold - the highest level possible for this scheme and a remarkable achievement. Maya plans to study Engineering at university and this project provided an excellent opportunity to develop her skills and ability in a real world context. Bishop Vaughan is proud to support excellent students like Maya and commend her on her wonderful success.

- NOTICE -

Six Politics textbooks and a number of pink exercise books are currently missing so please keep an eye out for these and hand in to the office if found.



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Positive Quotes and Affirmations Board





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THE GREAT BVS BAKE OFF



It's time for Bishop Vaughan to get baking! If you find yourself looking for something fun to do during half term and want a challenge, have a go at making one or both of these recipes and send a photo of your results to para-ruane@hwbcymru.net to get featured in the next newspaper!



Almond Macaroons

Ingredients
225g ground almonds
200g caster sugar
3 medium egg whites
15 whole blanched Almonds

Method

- 1. In a large mixing bowl, mix the ground almonds and sugar. In a separate bowl, beat the egg whites with an electric mixer on a slow speed until just frothy.
- 2. Add the egg whites to the almonds and sugar, 1 tbsp at a time, mixing after each spoonful. Keep going until the mixture is soft but not runny; you may not need to use all the egg white.
- 3. Roll the mix into walnut-size balls and space them a few centimetres apart on 2 greased baking trays. Press a blanched almond half into the top of each one, flattening them slightly. Sprinkle a little extra caster sugar over the top of each, then leave them to sit for 10-15 minutes. Heat the oven to 190°C/170°C fan/gas 5.
- 4. Bake for 15-20 minutes until pale golden brown. The macaroons should still feel soft to the touch but they'll continue to harden as they cool. Leave on the baking sheet for at least 10 minutes before transferring to a cooling rack to cool completely. Serve with a cuppa.

Cheese Scones (makes 10/12)

450g self raising flour

100g butter

1 level tsp baking powder

120g mature cheese grated

1/2 tsp salt

200/220 ml tepid milk (drop more if dry as it needs to be fairly wet dough)

Method

- 1. Sift flour, salt and baking powder into large bowl
- 2. Rub butter into flour to fine breadcrumb texture (could be done in food processor)
- 3. Add and mix through grated cheese, reserving some for top of scones
- 4. Add milk and work mixture to soft dough
- 5. On a floured surface, roll or just press out dough to just over 1.5 cm thickness (too thin and they will be flat)
- 6. Use a small round cutter to cut out scones, avoiding twisting the cutter to prevent mis shaped scones.
- 7. Place on a greased baking tray and brush with milk and top with the reserved grated cheese.
- 8. Bake in fairly hot oven 200C gas mark 7 for 20/25 mins until risen and golden. Hopefully!
- 9. Leave to cool but nice eaten warm with butter! They freeze really well too!

